

ReflecTeen Hub Timetable (Term-time)

Broadhurst Community Centre: 310 Lightbowne Rd, Moston, M40 0FJ | 0161 900 8083 / 07360595744

Monday

Time	Activity
10:00-11:00	Seniors Walking Group/ Tea
11:00am – 1:00pm	Positive Parenting: Parents & Kids Stay & Play Session
1:30pm - 2:30pm	Education Health and Care Plan - EHCP Tutoring
3:00pm - 6:00pm	Afterschool Youth Activities Seniors Youth Club (11+)

Tuesday

Time	Activity
10:00-11:00	Buggy Walks / Tea
11am - 1:00pm	W.I.N (What I Need) Programme (11-16+) (NEET, homeschooled, not regular school attendees, integrating from different countries)
1:30pm - 2:30pm	Education Health and Care Plan - EHCP Tutoring
3:00pm - 6:00pm	Afterschool Youth Activities Mini Gym / Fitness group / Social Action

Wednesday

Time	Activity
10:00-11:00	Seniors Walking Group/ Tea
11am - 1:00pm	Positive Parenting: Parents & Kids Stay & Play Session
1:00pm - 3:00pm	Adults Gym, Fitness & Dance Session
3:00pm - 6:00pm	Afterschool Youth Activities Juniors Youth Club

Thursday

Time	Activity
11:00am – 1:00pm	Wellbeing Session Adults Skills For Employment Support Session
1:30pm - 2:30pm	Education Health and Care Plan - EHCP Tutoring
2:00pm - 3:00pm	Practical Support Walk-in/Drop-in Session

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Friday

Time	Activity
10:00-11:00	Buggy Walks / Tea
11am - 1:00pm	Adults Wellbeing, Gym, Fitness & Dance Session
1:30pm - 2:30pm	Education Health and Care Plan - EHCP Tutoring
3:00pm - 6:00pm	Afterschool Youth Activities Mixed Group Session

Saturday

Time	Activity
1:00 pm - 3pm	Seniors Wellbeing Group
Community Events	

Last Sunday of every month

Time	Activity
12:30pm - 3:30pm	Friendship crafts Local History Afternoon

School Holiday Activities and Playschemes

(Holiday club activities run during half terms and school holidays)